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about this edition

This edition serves as an introduction to playing scales and arpeggios in an easy-to-read format. Preliminary exercises prepare the hand for finger crossings and stretches and are selected from *Preparatory Exercises*, Opus 16 by Aloys Schmitt and *The Virtuoso Pianist, Book 2* by Charles-Louis Hanon. The exercises allow the opportunity to properly develop form and technique. Exercises found in Units 1 and 2 may be transposed to other keys as necessary.



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This edition excludes exercises that require stretches beyond the developmental capabilities of students with small hands.

Editorial considerations for this edition:

- Rhythmic values of ♩ in the original edition are substituted with ♪.
- Some exercises have been shortened from the original.
- Scales and arpeggios are introduced as blocked patterns followed by two-octave exercises, encompassing each major and minor key. Two- and three-note groups (divided by the thumb passing under the fingers) are indicated with parenthesis. This particularly helps identify which key group the starting and ending scale notes belong to.
- The blocked exercises for minor keys are in **natural** minor. The exercises are **harmonic** minor scales (raised 7th) in two octaves.

practice suggestions

Practice suggestions for *Preparatory Exercises for Scales* (pp. 2–7), all scales (pp. 8–31), and the chromatic scale (p. 32):

- Play hands separately, then together. (Both hands should be developed equally.)
- Maintain a proper hand position, keeping the fingers close to the keys. Play evenly from one note to another and maintain a steady tempo.
- Play all preparatory exercises, scales, and arpeggios *mf* with a comfortable, steady tempo.
- Gradually increase the tempo (♩ = 60–108) as each tempo is sufficiently mastered.
- Scales are blocked in groups of either 2 or 3, depending on the crossing of the thumb. The blocking may not always begin and end on the tonic, but on the position of the tonic within the grouping of 2 or 3.

UNIT 1 PREPARATORY EXERCISES FOR SCALES

Passing the thumb under the fingers in preparation to practicing scales.

1.

1 2 1 2 1

1 2 1 2 1

2.

1 3 1 3 1

1 3 1 3 1

3.

1 4 1 4 1

1 4 1 4 1

4.

1 2 1 2 1

1 2 1 2 1

5.

1 3 1 3 1

1 3 1 3 1

6.

1 4 1 4 1

1 4 1 4 1

7.

1 2 3 1 3 2 1

1 2 3 1 3 2 1

8.

1 2 3 1 2 1 3 2 1

1 2 3 1 2 1 3 2 1

9.

1 2 3 4 1 4 3 2 1

1 2 3 4 1 4 3 2 1

10.

1 2 3 1 2 3 2 1 3 2 1

1 2 3 1 2 3 2 1 3 2 1

11.

1 2 3 1 2 3 4 3 2 1 3 2 1

1 2 3 1 2 3 4 3 2 1 3 2 1

12.

1 2 3 1 2 3 4 5 4 3 2 1 3 2 1

1 2 3 1 2 3 4 5 4 3 2 1 3 2 1

Passing the thumb under the finger 3

Exercise 1, measures 1-3. Treble clef, 3/4 time. Bass clef, 3/4 time. Fingerings: Treble (1 2 3 1 3 2), Bass (1 3 2 1 2 3).

4

Exercise 4, measures 1-3. Treble clef, 3/4 time. Bass clef, 3/4 time. Fingerings: Treble (1 1 3 2), Bass (1 3 2 3).

7

Exercise 7, measures 1-3. Treble clef, 3/4 time. Bass clef, 3/4 time. Fingerings: Treble (1 1 3 2), Bass (1 3 3).

10

Exercise 10, measures 1-4. Treble clef, 3/4 time. Bass clef, 3/4 time. Fingerings: Treble (1 3 2 1 2 3), Bass (1 2 3 1 3 2).

14

Exercise 14, measures 1-4. Treble clef, 3/4 time. Bass clef, 3/4 time. Fingerings: Treble (1 3 3 1 3 3 1 3), Bass (1 1 3 2 1 1 3 2).

Passing the thumb under the fingers

Exercise 1, measures 1-4. Treble clef, 4/4 time. Fingerings: 1 4 3 2 | 1 4 3 2 | 1 4 3 2 | 1 4 2. Bass clef, 4/4 time. Fingerings: 1 2 3 4 | 1 2 3 4 | 1 2 3 4 | 1 2 3 4.

3

Exercise 3, measures 1-4. Treble clef, 4/4 time. Fingerings: 1 4 2 | 1 4 2 | 1 4 2 | 1 4 2. Bass clef, 4/4 time. Fingerings: 1 2 | 1 2 | 1 2 | 1 2.

5

Exercise 5, measures 1-4. Treble clef, 4/4 time. Fingerings: 1 4 2 | 1 2 3 4 | 1 2 3 4 | 1 2. Bass clef, 4/4 time. Fingerings: 1 2 | 1 4 3 2 | 1 4 3 2 | 1 4.

7

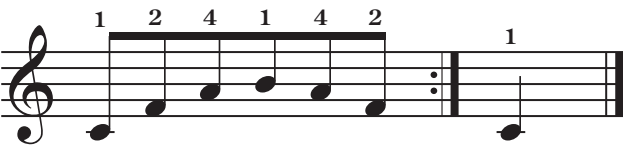
Exercise 7, measures 1-5. Treble clef, 4/4 time. Fingerings: 1 2 | 1 2 | 1 2 | 1 2 | 1. Bass clef, 4/4 time. Fingerings: 1 4 | 1 4 | 1 4 | 1 4 | 1.

For the right hand separately.

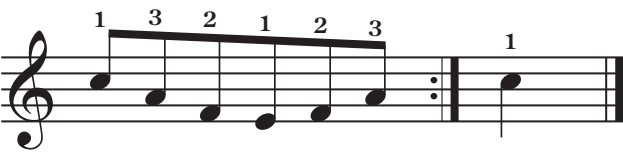
For the left hand separately.

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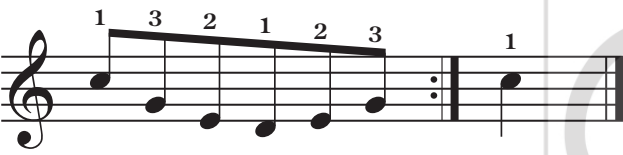
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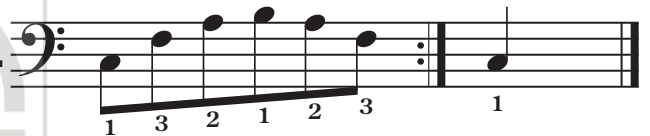
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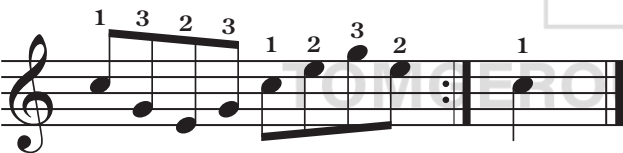
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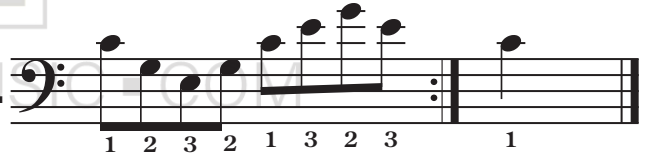
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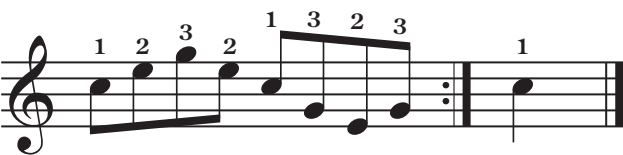
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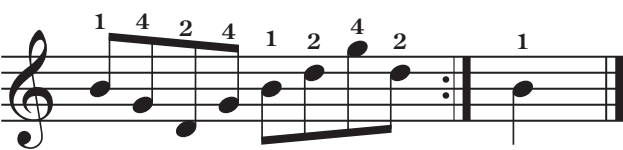
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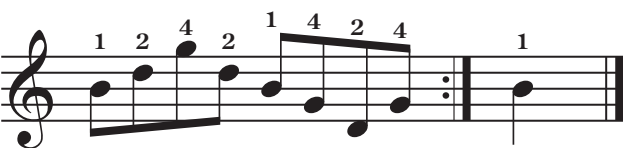
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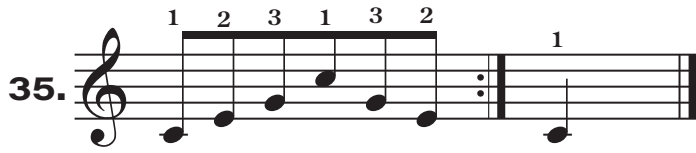
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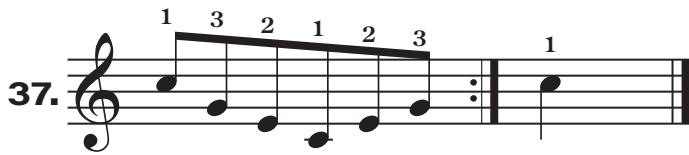
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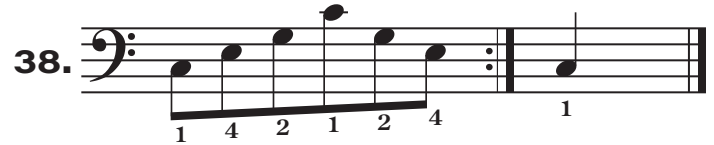
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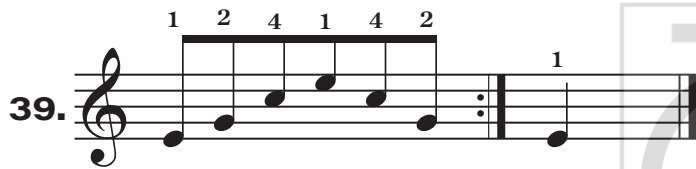
For the left hand separately.

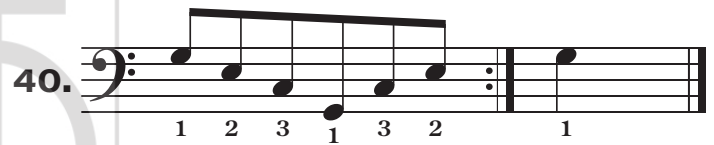
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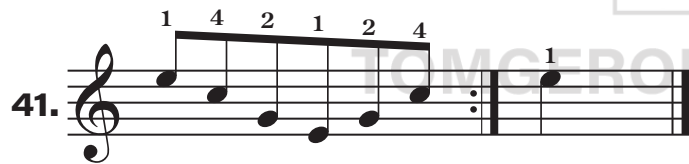
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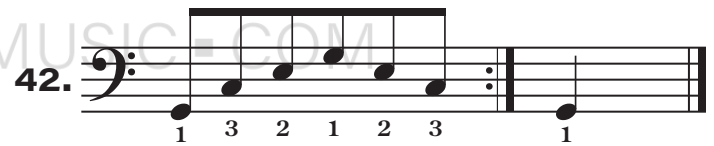
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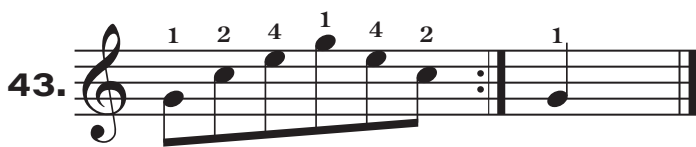
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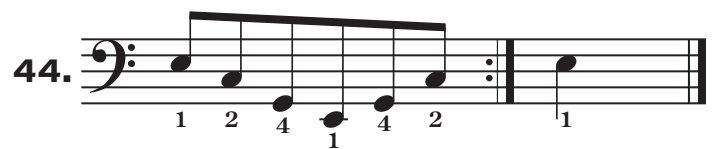
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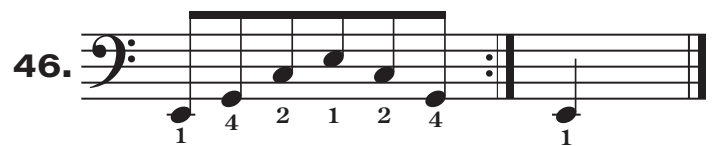
41. 

42. 

43. 

44. 

45. 

46. 

UNIT 3 BLOCKING SCALES AND ARPEGGIOS

C MAJOR

Blocked major scale for RH and LH separately.

Musical notation for blocked major scale for RH and LH separately in 4/4 time. The RH part uses a treble clef and the LH part uses a bass clef. Fingerings are indicated by numbers 1-5 above or below notes.

Two-octave major scales.

Musical notation for two-octave major scales in 4/4 time. The RH part uses a treble clef and the LH part uses a bass clef. Fingerings are indicated by numbers 1-5 above or below notes.

Blocked major triad arpeggios for RH and LH separately.

Musical notation for blocked major triad arpeggios for RH and LH separately in 4/4 time. The RH part uses a treble clef and the LH part uses a bass clef. Fingerings are indicated by numbers 1-5 above or below notes.

Two-octave major triad arpeggios.

Musical notation for two-octave major triad arpeggios in 3/4 time. The RH part uses a treble clef and the LH part uses a bass clef. Fingerings are indicated by numbers 1-5 above or below notes.

B MINOR

Blocked **natural** minor scale for RH and LH separately.

Two staves of music in B minor, 4/4 time. The right hand (RH) staff shows a blocked natural minor scale with fingerings: 1, 3 2, 1, 4 3 2, 1, 3 2, 1, 4 3 2, 5, 4 3 2, 1, 3 2, 1, 4 3 2, 1, 3 2, 1. The left hand (LH) staff shows a blocked natural minor scale with fingerings: 4, 2 3, 1, 2 3 4, 1, 2 3, 1, 2 3 4, 1, 2 3 4, 1, 2 3, 1, 2 3 4, 1, 2 3, 4.

Two-octave **harmonic** minor scales.

Two staves of music in B minor, 4/4 time. The right hand (RH) staff shows a two-octave harmonic minor scale with fingerings: 1, 2, 3, 1, 2, 3, 4, 1, 2, 3, 1, 2, 3, 4, 5. The left hand (LH) staff shows a two-octave harmonic minor scale with fingerings: 4, 3, 2, 1, 4, 3, 2, 1, 3, 2, 1, 4, 3, 2, 1. A box with the number '5' is located at the start of the second staff.

Blocked minor triad arpeggios for RH and LH separately.

Two staves of music in B minor, 4/4 time. The right hand (RH) staff shows blocked minor triad arpeggios with fingerings: 1, 3 2, 1, 3 2, 5, 3 2, 1, 3 2, 1. The left hand (LH) staff shows blocked minor triad arpeggios with fingerings: 5, 2 3 (4), 1, 2 3 (4), 1, 2 3 (4), 1, 2 3 (4), 1.

Two-octave minor triad arpeggios.

Two staves of music in B minor, 3/4 time. The right hand (RH) staff shows two-octave minor triad arpeggios with fingerings: 1, 2, 3, 1, 2, 3, 5, 5, 3, 2, 1, 3, 2, 1. The left hand (LH) staff shows two-octave minor triad arpeggios with fingerings: 5, 3 (4), 2, 1, 3 (4), 2, 1, 1, 2, 3 (4), 1, 2, 3 (4), 5.